



Family Connection

Saint Patrick and Holy Family will become an invitational community of disciple-making disciples who have Jesus at the center of everything we believe, say, and do.

VOL.V NO.27

MASS TIMES

WEEKEND MASS TIMES
Saint Patrick Parish, Lucan

Saturday at 5:00pm
Sunday at 10:00am

Holy Family Parish, London
Saturday at 5:00pm

Sunday at 8:30am, 11:00am
(livestreamed), & 2:00pm

WEEKDAY MASS TIMES
Saint Patrick Parish, Lucan

Tuesday at 7:00pm
Wednesday & Friday at 9:00am
Thursday at 9:15am

Holy Family Parish, London
Tuesday at 6:30pm
Wednesday, Thursday, & Friday
at 10:00am

CONFESSION TIMES
SATURDAYS (or by appointment)
11:00am–12:00pm at Holy Family
4:00pm–4:45pm at Saint Patrick



WELCOME TO OUR FAMILY
If you are new to our community
please go to:
wearelighthouse.ca/im-new/

Sunday Connection SCRIPTURE READINGS



All Saints
November 1, 2026

REVELATION 7.2–4, 9–14
PSALM 24 | 1 JOHN 3.1–3
MATTHEW 5.1–12A

**Thirty-Second Sunday in
Ordinary Time**
November 8, 2026

WISDOM 6.12–16 | PSALM 63
1 THESSALONIANS 4.13–18
MATTHEW 25.1–13

**”Whoever exalts himself will be
humbled; but whoever humbles
himself will be exalted.”**

— Matthew 23.12

The world celebrates people in the spotlight and those who have the most of everything. We think celebrity, money and possessions are the key to happiness. Yet, our world is filled with more loneliness, anxiety, and depression than ever before. The lives of the saints show that the key to a happy life are relationships. Relationships with God and each other. Trust is the foundation of any good relationship and humility is the seed of trust.

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HOLY FAMILY MASS TIME CHANGES



Mass will be celebrated at **10:00am** on **Tuesday, November 3** and **Tuesday, November 17**. There will also be no Eucharistic Adoration on those evenings.

Please pray for those in our Family of Parishes who are ill or in need of prayers.

Please pray for those who have died, especially Bruce Weber.

To reach a member on our Staff Team, please call the Office or [CLICK HERE](#)

Saint Patrick Parish

32922 Richmond Street
Lucan, ON NOM 2J0
Ph: 519.227.4726

Holy Family Parish

777 Valetta Street
London, ON N6H 2Y9
Ph: 519.472.0057

Office Hours

Monday – Friday
9:00am – 12:00 noon
and 1:00 – 4:30pm



wearelighthouse.ca



Society of
Saint Vincent de Paul

- 1 – SOLEMNITY OF ALL SAINTS
- 2 – THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED (ALL SOULS' DAY)
- 2 – All Souls' Day Mass – 10:00am, HFP
- 2 – Stitches of Comfort – 1:00pm, Mother of Peace Room, HFP
- 2 – Saint Anthony's Bread: Outreach Week (18-35 years old) – 6:30pm, HFP
- 3 – SAINT MARTIN DE PORRES, RELIGIOUS
- 3 – Catholic Women's League General – 7:30pm, Hall, STP
- 4 – SAINT CHARLES BORROMEO, BISHOP
- 4 – Holy Grounds Café – 10:45am, All Saints Hall, HFP
- 4 – Servants of the Light Intercessory Prayer Group – 11:30am, Mother of Peace Room, HFP
- 5 – Alpha in the Fall – 6:00pm, STP and HFP
- 8 – Not Of This World Clothing Collection – after 11:00am Mass, HFP
- 9 – THE DEDICATION OF THE LATERAN BASILICA IN ROME
- 9 – Stitches of Comfort – 1:00pm, Mother of Peace Room, HFP
- 9 – Saint Anthony's Bread: Formation Week (18-35 years old) – 6:30pm, HFP
- 9 – Saint Patrick 4th Degree Knights of Columbus Meeting – 7:00pm, STP
- 9 – Holy Family Knights of Columbus General Meeting – 7:00pm, All Saints Hall, HFP
- 9 – Saint Patrick 3rd Degree Knights of Columbus Meeting – 8:00pm, STP
- 10 – SAINT LEO THE GREAT, POPE AND DOCTOR OF THE CHURCH
- 10 – Mass of Remembrance (See more details on next page)
- 11 – REMEMBRANCE DAY
- 11 – SAINT MARTIN OF TOURS, BISHOP
- 11 – Holy Grounds Café – 10:45am, All Saints Hall, HFP
- 11 – Servants of the Light Intercessory Prayer Group – 11:30am, Mother of Peace Room, HFP
- 12 – SAINT JOSAPHAT, BISHOP AND MARTYR
- 12 – Alpha in the Fall – 6:00pm, STP and HFP
- 13 – Faith and Friends – 6:30pm, All Saints Hall, HFP
- 14/15 – Coffee Sunday with Grow and Serve Opportunities – After all Masses, STP & HFP

STP – Saint Patrick Parish | HFP – Holy Family Parish

SAVE-the-DATES (more information to follow)

- November 18 - Red Wednesday Mass, HFP
- November 20 - Knights of Columbus Fish & Chip Dinner, HFP
- November 20 - Family Prayer Gathering, HFP
- November 21/22 - Catholic Women's League Pie Sale, HFP
- November 21 - Wisdom and Worship, HFP
- November 27 - Praise and Promises, HFP
- December 1 - Lighting of the Lights, STP & HFP

CATECHIST CORNER: HOW SHOULD I RECEIVE THE EUCHARIST?

The Eucharist —the Body, Blood, Soul, and Divinity of our Lord Jesus Christ— is the **source and summit** of our Christian life. Recent catechesis has emphasized that this is not an optional belief, but the very foundation of everything we do as Catholics. This article will not be another demonstration that the Eucharist is indeed the Body of Christ, but will rather challenge every reader to reverence the Body of Christ more fully.

The first challenge is this: **when you approach Holy Communion at Mass, are you truly prepared?** Have you confessed any mortal sins? Are you in a state of grace? Have you forgiven your neighbour before approaching the altar? Preparation goes beyond a simple consideration of sin. If the Eucharist is what Christ says it is, his very Body and Blood, are you in a state of gratitude?

CATECHIST CORNER —CONTINUED

Do you realize that the moment of receiving Holy Communion is the most important moment of your life? Saint (Padre) Pio says: “if we only knew how God regards this sacrifice, we would risk our lives to be present at a single Mass.”

We now move from dispositions before reception to the actual reception of Holy Communion. The first and foundational teaching that we must know is the doctrine of **concomitance**. The doctrine of concomitance teaches that **the Body, Blood, Soul, and Divinity of Jesus are completely indivisible**. This means that when the priest breaks the Eucharist in half, he does not hold the left half and the right half of Christ separately, but Christ, whole and entire, in both halves. There is a very important deduction to be made from this: if Christ is wholly present in all consecrated species of bread and wine, He is also present in every particle, as long as the Eucharistic species subsist (CCC, 1377).

The Church, in her wisdom, knows that every particle is fully Christ, and so teaches as the norm, that reception of the Eucharist is to be directly on the tongue. This is because there is a significant risk of losing particles when Holy Communion is received on the hand – even those particles too small to see are Christ, and many may fall to the floor and be trampled underfoot. To reaffirm, the Church teaches that the practice which most safeguards reverence and the integrity of the Eucharist is on the tongue directly, from an ordained minister, such as a priest. In Canada and the U.S. (and some other countries), we are granted a special permission called an *indult* to receive Holy Communion in the hand, though the Church recognizes this is not the universal norm. There are some countries whose Conferences of Bishops reject this practice altogether and will refuse Holy Communion on the hand to the faithful. The indult for Holy Communion on the hand comes from the document *Memoriale Domini* – a document from the Vatican that reaffirms Holy Communion on the tongue as the norm and gives stipulations for how Holy Communion on the hand must be practiced. The concern of most Bishops who voted against Holy Communion in the hand was that the practice makes reception so very ordinary, and **there is nothing ordinary about the Eucharist**. Further, since the decision was made to grant the indult, belief in the true presence in the Eucharist has noticeably declined in North America.

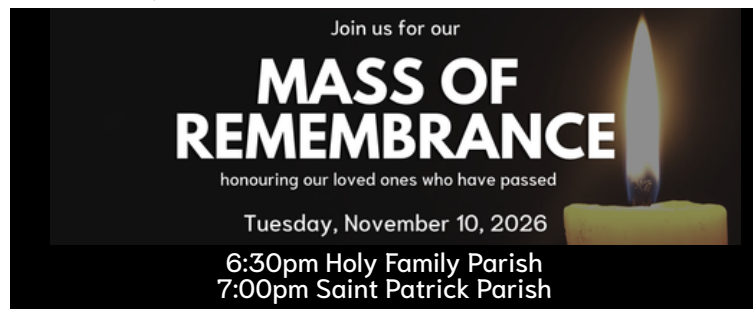
The *General Instruction of the Roman Missal* (the book which tells us how to celebrate Mass) paragraph 160 tells us that the faithful are ordinarily expected to stand, make a bow of the head, and receive either on the tongue or in the hand, with reception on the tongue listed first. The same paragraph also includes a *proviso* for receiving while kneeling during reception (which was the norm in the Catholic Church for hundreds of years).

I think it is important that I clarify, the intention of this article is not to shame nor judge anyone. We are all sinners in need of grace and mercy. Instead, I want to encourage every reader to really absorb the content of this article, to pray, and to consider whether we might conform ourselves to what the Church has ordained as most fitting for reverencing Christ. Can we not make ourselves a little uncomfortable to glorify the Lord more fully?

Until next time, keep seeking the Truth who first sought you. God bless.

UPCOMING SPECIAL MASSES

All Souls' Day Mass will be held at Holy Family Parish on **November 2, 2026 at 10:00am**



Red Wednesday Mass will be celebrated on Wednesday, **November 18, 2026 at 6:30pm** at Holy Family Parish. This Mass is celebrated to pray for and raise awareness of, and defend Christians facing discrimination, oppression, and persecution worldwide.

NOTICE OF POWER OUTAGE AT SAINT PATRICK PARISH - SUNDAY, NOVEMBER 8

Ontario Hydro has notified us about a planned power outage on Sunday, November 8 between 6:00am and Noon. As a result, there will be no lights nor access to the washrooms during that time.

The Knights of Columbus Breakfast that was planned for that day has also been cancelled until a future date has been planned.

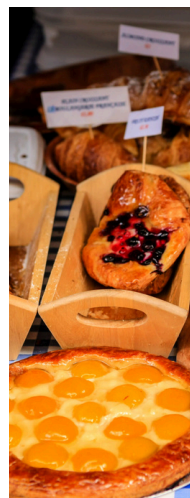
SAINT PATRICK CATHOLIC WOMEN'S LEAGUE ANNUAL BAZAAR & FUNDRAISER



Annual Saint Patrick Catholic Women's League Bazaar will be held at Saint Patrick School gym on **Sunday, November 15th** from **9:00am to 12:00pm**.

This annual event helps support the work we do in our parish as well as with local charities. There will be soup and bread on sale as well as baked goods, a penny table, religious articles, plants, and various other items.

This is also the last chance to bid in the silent auction of a **Handmade Walnut Chest**. The wooden chest is cedar-lined. It is on display in the Side Chapel with the bidding sheet. The winner will be announced at the Bazaar.



HOLY FAMILY CATHOLIC WOMEN'S LEAGUE PIE DAY

On the weekend of **November 21st** and **November 22nd**, Holy Family Catholic Women's League will be selling frozen pies. This is a great opportunity to pick one up to have on-hand for the Christmas Season.



GROW AND SERVE SHOWCASE

The next Grow and Serve Showcase will take place at both parishes. The Showcase presents current opportunities to grow in faith and serve our community. The next showcase takes place on **November 14th and 15th** at both parishes. Please stop by to learn more about each group and where God might be calling you to use your gifts. If you missed the last showcase, you can always check the website for more details at wearelighthouse.ca/grow-and-serve.

Our next showcase will feature:

Saint Patrick Parish:

- Life Groups
- Music Ministry

Holy Family Parish:

- Hospitality
- Holy Grounds Café
- Saint Anthony's Bread



NOT OF THIS WORLD — CLOTHING COLLECTION

Not Of This World is running a winter clothing drive, "Warm the Streets" (October 20 – November 20) with SSVP (Society of Saint Vincent de Paul) London. Everything we collect goes to SSVP's December "On the Street" outreach. We are looking for coats, hoodies, sweatpants, gloves and mitts (adult sizes).

A special collection site will be set up at Holy Family Parish on Sunday, November 7 between the 11:00am and 2:00pm Masses. A collection box will also be set up near the Hall to collect items during the collection times.

HOLY FAMILY KNIGHTS OF COLUMBUS — UPCOMING EVENTS

Holy Family Knights of Columbus are holding a **Fish and Chips Dinner** on **Friday, November 20th**. Tickets will go on sale the weekend of October 31 and November 1 after all Masses.

Christmas Cards will be sold again this year starting November 14th and November 15th after all Masses.

ST. PETER'S CEMETERY ANNUAL MEMORIAL MASS

The annual Mass in remembrance of those interred and buried at St. Peter's Cemetery will be held on **Saturday, November 14th at 2:00pm**. Everyone is invited to this Mass in the Holy Family Mausoleum Chapel with the Bishop Daniel Miehm as the celebrant. Services such as this strengthen our position as a Catholic Cemetery and set us apart from our secular neighbour. Your co-operation and support of our Catholic Cemetery Ministry is greatly appreciated.

RETREAT/CONFERENCE OPPORTUNITIES

Looking to grow deeper in your faith, build fellowship with others, and grow closer to God? There are several retreat opportunities taking place in our community.

- **The Sacred Pause - A Women's Retreat of Rest and Renewal**
 - November 20-22, 2026
 - Held at Michaelite House, London
danielaarmenti71@gmail.com
- **Marriage Conference: Friendship in Marriage**
 - November 21, 2026 - 9:00am - 4:00pm
 - Held at the Marconi Club of London
famfi.ca/event/friendship-in-marriage-london/
- **Advent Retreat for Young Adults (18-35)**
 - November 20-22, 2026
 - Held at Holy Family Retreat House
dol.ca/advent-retreat-for-young-adults
- **Catholic Men's Retreat: Forming Disciples with Fulton Sheen**
 - November 27-29, 2026
 - Held at Holy Family Retreat House
hfrh.ca/upcoming-retreats

SAINT GABRIEL SCHOOL — CHRISTMAS GIFT DRIVE

Saint Gabriel School's Faith in Action Team (FIAT) is asking for donations to support the Christmas Gift Drive for families in need this Christmas season.

Please contact Ms. Natalie Wilson -
nwilson@ldcsb.ca



CHRISTMAS ANGEL TREE SUPPORT

As the season of Advent quickly approaches, so do our parish appeals to aid in providing hope to the community in need this Christmas season. Each parish will have an Angel tree up this year adorned with various needs and wishes. We encourage those who can to take this opportunity to spread some warm-hearted cheer.

Saint Patrick - Catholic Women's League

The Angel Tree will go up on the weekend of November 14th and November 15th until December 6th. The Saint Patrick CWL continues its support of the **Ailsa Craig Food Bank**. This year, the request is for gifts and gift cards for 12-18 year olds. Additionally, the food bank is also requesting financial donations to provide turkeys or hams for each hamper.

Please take an Angel from the tree. Please return your unwrapped gift and/or gift card to the tree before December 6th.

Holy Family - Society of Saint Vincent de Paul

The Angel Trees will be put up for the weekend of November 28th and November 29th. The trees will remain up until the 4th Week of Advent.

WEEKDAY MASS INTENTIONS

Please go to our website at
wearelighthouse.ca/category/weekly-mass-intentions
or see the copy posted at the parish entrances.

Updates, including funerals, will be posted there.

TO BOOK A MASS INTENTION (available at both parishes) kindly email J'Nan Sturgis at hfparish@dol.ca or jsturgis@dol.ca or call 519.472.0057 x.201.

The stipend for each **Mass intention** is **\$10.00** which may be paid in-person with cash, cheque, debit, or on-line via e-transfer

- for Saint Patrick intentions at stpatlucan@dol.ca
- for Holy Family intentions at hfparish@dol.ca, noting the payment is for a Mass request(s).

ONLINE PRAYER MINISTRY

Join our Prayer Line to receive weekly prayers, reflections, music, and prayer. To sign up or submit a prayer request, scan the QR-code to go to our website. Submit your prayer requests online or email at stp.hfp@dol.ca.



The Prayer Line is powered by Flocknote.

wearelighthouse.ca/online-prayer-line-ministry

WAYS TO GIVE AT OUR PARISHES

When you give in your place of worship as an act of worship, you are **becoming more of the person God wants you to be**. When you give, you are **tangibly making a difference in someone's life**. Marriages are **restored**, lives are **healed**, and people **meet Jesus**. There's no better investment in the world than the local parish.

Looking to make a donation to Saint Patrick or Holy Family Parish? Do so by ...

AUTOMATIC BANK WITHDRAWALS

by going to..

Saint Patrick Parish at

wearelighthouse.ca/giving/stpatlucan

Holy Family Parish by going to

wearelighthouse.ca/giving/hfparish

OTHER WAYS TO GIVE, go to wearelighthouse.ca/giving

Cheques need to be made payable to:

"St. Patrick Parish", or

"Holy Family Parish"

If you're **new to the parish** or maybe haven't yet registered with us and want to ensure that your donations are receipted, kindly register with us by going to wearelighthouse.ca/registration

If you've moved or some family member(s) have moved/passed away or maybe you've even added new members to your family, kindly let us know by contacting

- **Claudette McLeod** at Holy Family
at 519.472.0057, x.222 or cmcleod@dol.ca



WE ARE A SCENT-FREE FAMILY OF PARISHES

For the comfort of those with allergies and sensitivities, please refrain from wearing scented products, eg. perfumes, after shaves.



Saint Patrick Parish Ph: 519.227.4726

email: stpatlucan@dol.ca

Holy Family Parish Ph: 519.472.0057

email: hfparish@dol.ca