

THE SOLEMNITY OF THE MOST HOLY TRINITY – MAY 31, 2026  
AND SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST – JUNE 7, 2026



**Saint Patrick  
Holy Family**  
Lucan Northwest London Catholic Family of Parishes

# Family Connection

Saint Patrick and Holy Family will become an invitational community of disciple-making disciples who have Jesus at the center of everything we believe, say, and do.

VOL.V NO.16

## MASS TIMES

### WEEKEND MASS TIMES

**Saint Patrick Parish, Lucan**

Saturday at 5:00pm

Sunday at 10:00am

**Holy Family Parish, London**

Saturday at 5:00pm

Sunday at 8:30am, 11:00am

(livestreamed), & 2:00pm

### WEEKDAY MASS TIMES

**Saint Patrick Parish, Lucan**

Tuesday at 7:00pm

Wednesday & Friday at 9:00am

Thursday at 9:15am

**Holy Family Parish, London**

Tuesday at 6:30pm

Wednesday, Thursday, & Friday

at 10:00am

### CONFESSION TIMES

SATURDAYS at 11:00am at both parishes (or by appointment)

## Sunday Connection

### SCRIPTURE READINGS



Scripture-Soaked

#### Most Holy Trinity May 31, 2026

EXODUS 34.4B-6,8-9

DANIEL 3

2 CORINTHIANS 13.11-13

JOHN 3.16-18

#### Most Holy Body and Blood of Christ

June 7, 2026

DEUTERONOMY 8.2-3,14-16

PSALM 147

1 CORINTHIANS 10.16-17

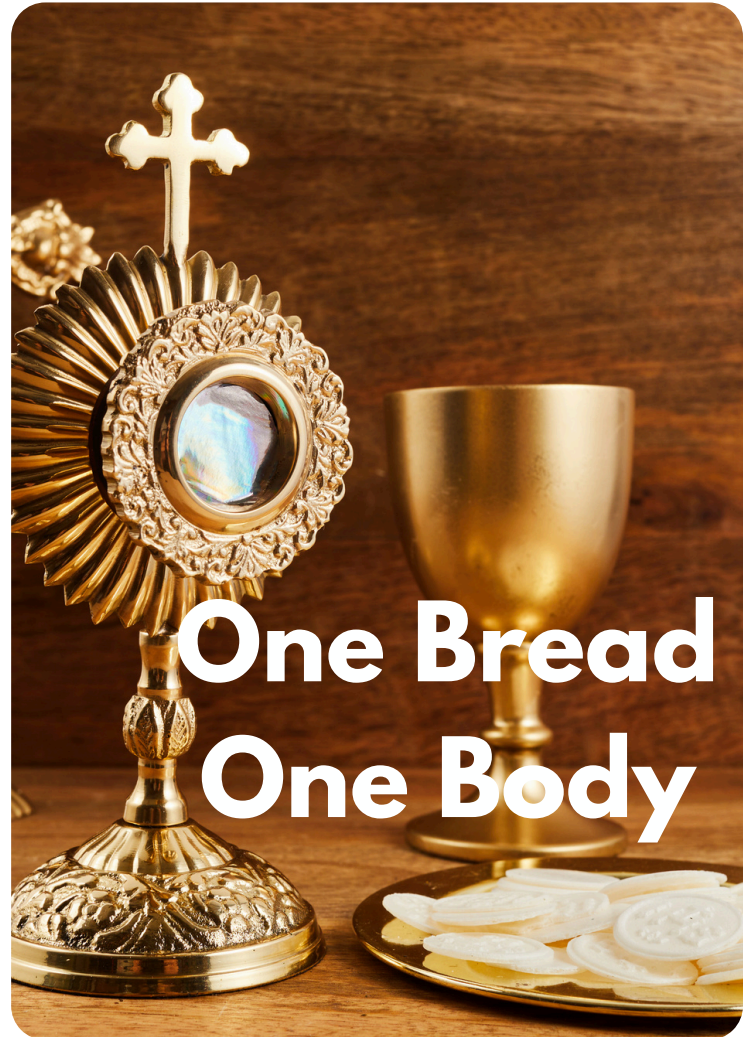
JOHN 6.51-59

**“Because there is one bread, we  
who are many are one body, for  
we all partake of the one bread.”**

**1 CORINTHIANS 10.17**

As disciples of Jesus, we are called to lead holy lives and invite others to join us. We are called to be fed and to feed others. Living a stewardship lifestyle, being grateful and generous with our gifts, serves a twofold purpose. One, it helps build God's kingdom here on earth. Two, it helps us strengthen each other's relationship with God the Father, Jesus, and the Holy Spirit. It becomes our roadmap to Heaven. Let's help each other get there!

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# One Bread One Body

**Please pray for** those in our Family of Parishes who are ill or in need of prayers.

**Please pray for** those who have died especially, Gerhard (Gerry) Frank



**WELCOME TO OUR FAMILY**  
If you are new to our community  
please go to:

[weareighthouse.ca/im-new/](http://weareighthouse.ca/im-new/)

To reach a member on our Staff Team, please call the Office or [CLICK HERE](#)

### Saint Patrick Parish

32922 Richmond Street  
Lucan, ON NOM 2J0  
Ph: 519.227.4726

### Holy Family Parish

777 Valetta Street  
London, ON N6H 2Y9  
Ph: 519.472.0057

### Office Hours

Monday – Friday  
9:00am – 12:00 noon  
and 1:00 – 4:30pm



[weareighthouse.ca](http://weareighthouse.ca)



Society of  
Saint Vincent de Paul

**31 - THE MOST HOLY TRINITY**

**June**

- 1 - SAINT JUSTIN, MARTYR**
- 1 - Saint Anthony's Bread Outreach** - 6:30pm, HFP
- 2 - SAINT MARCELLINUS AND SAINT PETER, MARTYR**
- 2 - SSVF Youth Executive**, Mother of Peace Room
- 2 - Knights of Columbus Executive Meeting** - 7:00pm - Saint Francis Room, HFP
- 3 - SAINT CHARLES LWANGA AND COMPANIONS, MARTYRS**
- 3 - Holy Grounds Café** - after 10:00am Mass - HFP
- 3 - Parents & Tots** - 10:30am-1:00pm - All Saints Hall, HFP
- 3 - Servants of the Light Intercessory Prayer Group** - 12:30pm, Mother of Peace Room, HFP
- 4 - Alpha Life Shared Series** - 7:00pm, All Saints Hall, HFP
- 5 - SAINT BONIFACE, BISHOP AND MARTYR**
- 5 - Eucharistic Adoration** - after the 10:00am Mass until 4:00pm (with Divine Mercy Chaplet at 3:00pm) - HFP
- 5 - Volunteer Appreciation Night** - 7:00pm - All Saints Hall, HFP
- 5 - SSVF Youth Social Justice Campout**, HFP
- 6 - SAINT NORBET, BISHOP**
- 6 - THE BLESSED VIRGIN MARY**
- 6 - Men's Faith Gathering** - 7:30a, - All Saints Hall, HFP
- 6 - Holy Family Catholic Women's League 60<sup>th</sup> Celebration**, HFP
- 6 - Wisdom and Worship**, HFP
- 7 - THE MOST HOLY BODY AND BLOOD OF CHRIST**
- 7 - Corpus Christi Eucharistic Procession** - 11:00am, STP
- 7 - Corpus Christi Eucharistic Procession** - 3:15pm, HFP
- 8 - Saint Anthony's Bread Outreach** - 6:30pm, HFP
- 8 - Knights of Columbus, 4<sup>th</sup> Degree** - 7:00pm - Hall - STP
- 8 - Knights of Columbus, 3<sup>rd</sup> Degree** - 8:00pm - Hall - STP
- 9 - SAINT EPHREM, DEACON AND DOCTOR OF THE CHURCH**
- 10 - Holy Grounds Café** - after 10:00am Mass - HFP
- 10 - Parents & Tots** - 10:30am-1:00pm - All Saints Hall, HFP
- 10 - Servants of the Light Intercessory Prayer Group** - 12:30pm, Mother of Peace Room, HFP
- 11 - SAINT BARNABAS, APOSTLE**
- 11 - Alpha Life Shared Series** - 7:00pm, All Saints Hall, HFP
- 12 - THE MOST SACRED HEART OF JESUS**
- 12 - Eucharistic Adoration** - after the 10:00am Mass until 4:00pm (with Divine Mercy Chaplet at 3:00pm) - HFP
- 12 - Volunteer Appreciation Night** - 7:00pm - Hall, STP
- 13 - THE IMMACULATE HEART OF THE BLESSED VIRGIN MARY**
- 13 - Martyr's Shrine Pilgrimage**

STP - Saint Patrick Parish | HFP - Holy Family Parish

**SAVE-the-DATES (more information to follow)**

- June 26 - Praise and Promises**, HFP
- June 26 - Family Prayer Night**, HFP

**VOLUNTEER APPRECIATION**

We, as a Family of Parishes, would not be able to do what we do without the committed volunteers that come forward and continually give their “yes” to serving and leading as disciple-making disciples. We want to take this opportunity to thank you for all you do and invite all volunteers to attend one of our Volunteer Appreciation Nights taking place in June. Each will have a light snack, refreshments, and fellowship in the parish hall.

**Holy Family Parish**  
June 5, 2026, 7:00pm

**Saint Patrick Parish**  
June 12, 2026, 7:00pm



Registration: [wearelighthouse.ca/vol-appreciation-2026](http://wearelighthouse.ca/vol-appreciation-2026)

In this month’s edition, we discuss the very source and ground of the Christian Faith, the Holy Trinity. The Trinity is among the most difficult theological concepts for the human mind to grasp because there is nothing else like the Trinity. There is no analogy that captures its complexity but let me start with a few you may have heard: 1) the Trinity is like water, how ice, water, and steam are one thing, manifested in three different ways. 2) The Trinity is like how a man could be one person, but a father, brother, and son simultaneously. 3) The Trinity is like a three-leaf clover, one plant with three leaves. These analogies fall into errors such as modalism (one God appearing in different modes) or partialism (each person being only a part of God).

What must we confess, then? There is one God, one divine being, who is the Father, the Son, and the Holy Spirit. One God, three distinct persons. What does this mean? The best way to start the investigation is to ask – what does it mean to be something? Take yourself, for example, you are a human, you have a body, certain qualities, experiences, and more – but none of those things are you. In the end, what makes you who you are is that you have a certain nature. You share a common human nature with all people, but you exist as a distinct person—that is what makes you uniquely yourself. What then does it mean to be God? It means to be the divine nature itself. Each person in the Trinity is fully God—not a part of God—which is why we can properly call each person God. God the Father, God the Son, and God the Holy Spirit. Each person is all-powerful, all-knowing, and all-loving by virtue of the divine nature. Distinguishing persons is extremely important, however. Yes, all three persons are the same in being, but they are not the same God appearing under three different forms. While the Father and the Son possess the same nature, they are not the same person.

There are two analogies that do not commit serious error, both from the Doctor of the Church, Saint Augustine. First analogy: The human mind has three inseparable, yet distinct realities: 1) the mind itself, which is the subject or the one that exists, 2) the knowledge, which is the mind’s self understanding, and 3) the will/love. The second analogy (and my personal favourite) is the analogy of love, “for God is love” (1 John 4.8). Any act of love requires three things: The lover, the beloved, and the love between them. The lover is the Father, the beloved is the Son, and the love itself —proceeding between them—is the Holy Spirit. Unlike human love, however, where the lover and beloved are separate beings, in God all three are perfectly one in being. Please keep in mind that these analogies are imperfect, and Saint Augustine understands this, but they do make the theology more digestible.



## SUMMER CAMP 2026 REGISTRATION



Rainforest Falls Summer Camp!  
Exploring the Nature of God at  
Lucan Northwest London Catholic  
Family of Parishes!

**July 27th - July 31st at Holy Family Parish**  
**Campers** Grades 1-6\*, **Leaders in Training** Grades 7 and 8\*  
(\* grades as of September 2026)

### Highschool and Adult Volunteers Needed:

If you are going into Grade 9 or higher and interested in being a camp counsellor or volunteering in any capacity, please visit the website to fill in an application.

Register here: [wearelighthouse.ca/summer-camp-2026](http://wearelighthouse.ca/summer-camp-2026)

**SUMMER CAMP 2026**

We are looking for donations for the following items for our Summer Camp....

- Juice Boxes
- Chocolate Chips
- Saltine Crackers
- Freezies
- Mini Marshmallows
- Rice Krispy Cereal
- Fruit Loops Cereal
- Regular Marshmallows
- Skinny Pop Popcorn- Original
- Original Goldfish Crackers
- Oreo cookie wafers (Oreos with no cream filling)
- Containers of vanilla icing
- NUT FREE Granola Bars
- Instant Chocolate Pudding Mix
- Paper towel tubes
- Bubble wands
- Coloured Tissue paper
- Aluminium Foil
- Elmers Liquid Glue
- Pony Beads
- Wax Paper

Please drop your donations in the bin by the All Saints Hall



**PRAISE & PROMISES**

**YOUTH**  
AGES 13-18 ARE WELCOME!

HOLY FAMILY PARISH  
7-9PM

**JUNE 26**  
**FRIDAY**

**WISDOM & WORSHIP**

**YOUNG ADULTS**  
AGES 18+ ARE WELCOME!

HOLY FAMILY PARISH  
7-9PM

**JUNE 6**  
**SATURDAY**

## ALPHA LIFE SHARED SERIES

Join us for the Life Shared Series produced by Alpha. Explore how God calls us to share his Gospel with those around us - family, friends, neighbours - those we share life with. Thursday evenings on June 4 & 11 from 7:00pm - 9:00pm.

All sessions hosted at Holy Family Parish  
Please register to let us know you are coming:  
[wearelighthouse.ca/life-shared](http://wearelighthouse.ca/life-shared)

## CATHOLIC WOMEN'S LEAGUE THANKS YOU

As Holy Family Catholic Women's celebrates 60 years as a council, we wanted to take this opportunity to thank you, the community for your contributions, prayers and fellowship over the years. It is often said that it takes a village and it truly does take a community and village to make impactful change. Over the years we have been able to assist many parish, local, provincial, national, and global needs and initiatives.

Additionally, as part of the provincial and national Catholic Women's League, we have been able to provide input and promote positive change in legislation. We are always accepting new members and if you would love to hear more, please reach out and contact us at [hfcwllondon@gmail.com](mailto:hfcwllondon@gmail.com)



## FIRST COMMUNION & CONFIRMATION

Congratulations to all those who received the Sacrament of First Holy Communion and Confirmation throughout the month of May at Saint Patrick and Holy Family. May you continue opening your hearts to the love the Lord has for you.



## GRADUATE BLESSINGS



Congratulations to all those who are graduating this month from various levels of education. May God continue to strengthen you, provide wisdom and counsel as you journey into the next chapter. A blessing for all Graduates will take place on June 13 and June 14 at all Masses at Saint Patrick and Holy Family.

## FAMILY PRAYER NIGHT

Starting on June 26, 2026 we will be holding a Family Night of Prayer on the last Friday of each month.

All families, children, and young adults are warmly invited.

Evening will include:

- Praise & Worship
- Reflection on the Word of God
- Eucharistic Adoration
- Prayer for families and vocations

All are welcome! Watch for more details in the next Family Connection on June 17, 2026



## SAINT PATRICK COLUMBARIUM UPDATE

The Saint Patrick Cemetery Board has worked hard on the new columbarium and its installation. The new concrete pad has been poured and the engraving has been done. The next steps will be to work on some landscaping around it and set a date to have it blessed.



## 4LIFE LONDON EVENTS

4Life London has two events they are hosting in June.

**Walk for Life** - Walk and witness for LIFE with family and friends OR pledge for family, friends, pastor to walk for YOU.

**June 13, 2026** starting at 8:30 and finishing with lunch  
St. Mary's Catholic Church

**Care, Not Kill: The Pro-Life Case Against Assisted Suicide**

Learn why our society should always offer suicide prevention, and never suicide assistance, to any suffering person in need of help.

**June 17, 2026** - 6:30pm-8:30pm  
Faith Lutheran Church

For more information: [4lifelondon.ca](http://4lifelondon.ca)

## COMMUNION TO THE HOMEBOUND

If you know of someone who is homebound or has a chronic illness that prevents them from attending Mass and would like the Eucharist brought to them, please reach out to Fr. Thom via the parish office at 519-472-0057 x201 or email [hfparish@dol.ca](mailto:hfparish@dol.ca)

## ONLINE PRAYER MINISTRY

Join our Prayer Line to receive weekly prayers, reflections, music, and prayer. To sign up or submit a prayer request, scan the QR-code to go to our website. Submit your prayer requests online or email at [stp.hfp@dol.ca](mailto:stp.hfp@dol.ca).



The Prayer Line is powered by Flocknote.  
[wearelighthouse.ca/online-prayer-line-ministry](http://wearelighthouse.ca/online-prayer-line-ministry)



**WE ARE A SCENT-FREE FAMILY OF PARISHES**

*For the comfort of those with allergies and sensitivities, please refrain from wearing scented products, eg. perfumes, after shaves.*

## WEEKDAY MASS INTENTIONS

Please go to our website at [wearelighthouse.ca/category/weekly-mass-intentions](http://wearelighthouse.ca/category/weekly-mass-intentions) or see the copy posted at the parish entrances.

**Updates, including funerals, will be posted there.**

**TO BOOK A MASS INTENTION** (available at both parishes) kindly email J'Nan Sturgis at [hfparish@dol.ca](mailto:hfparish@dol.ca) or [jesturgis@dol.ca](mailto:jesturgis@dol.ca) or call 519.472.0057 ext 201.

The stipend for each **Mass intention is \$10.00** which may be paid in person with cash, cheque, debit or on-line via e-transfer

- for Saint Patrick intentions at [stpatlucan@dol.ca](mailto:stpatlucan@dol.ca)
- for Holy Family intentions at [hfparish@dol.ca](mailto:hfparish@dol.ca), noting the payment is for a Mass request(s).

NOTE: We are always looking for intentions that can be offered at Saint Patrick Parish and can be made by any parishioner at either parish.

## WAYS TO GIVE AT OUR PARISHES

When you give in your place of worship as an act of worship, you are **becoming more of the person God wants you to be**. When you give, you are **tangibly making a difference in someone's life**. Marriages are **restored**, lives are **healed**, and people **meet Jesus**. There's no better investment in the world than the local parish.

**Looking to make a donation to Saint Patrick or Holy Family Parish? Do so by ...**

### AUTOMATIC BANK WITHDRAWALS

by going to..

**Saint Patrick Parish** at

[wearelighthouse.ca/giving-options-for-st-patrick/](http://wearelighthouse.ca/giving-options-for-st-patrick/)

**Holy Family Parish** by going to

[wearelighthouse.ca/giving-options-for-holy-family-parish/](http://wearelighthouse.ca/giving-options-for-holy-family-parish/)

**OTHER WAYS TO GIVE**, go to [wearelighthouse.ca/giving](http://wearelighthouse.ca/giving)

If you're **new to the parish** or maybe haven't yet registered with us and want to ensure that your donations are receipted, kindly register with us by going to [wearelighthouse.ca/registration-form](http://wearelighthouse.ca/registration-form).

If you've moved or some family member(s) have moved/passed away or maybe you've even added new members to your family, kindly let us know by contacting

- **Claudette McLeod** at Holy Family at 519.472.0057, x.222 or [cmcleod@dol.ca](mailto:cmcleod@dol.ca)



Saint Patrick Parish Ph: 519.227.4726

email: [stpatlucan@dol.ca](mailto:stpatlucan@dol.ca)

Holy Family Parish Ph: 519.472.0057

email: [hfparish@dol.ca](mailto:hfparish@dol.ca)