

Lucan Northwest London Catholic Family of Parishes

The Beacon

PENTECOST 2026

WE ARE FILLED
WITH THE

Holy Spirit



NOVENA
INCLUDED INSIDE



Saint Patrick and Holy Family will become an invitational community of disciple-making disciples who have Jesus at the center of everything we believe, say, and do.



Vol.Iss
IV.5

wearelighthouse.ca

The Beacon



Jesus said, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life' (*John 8.12*). He draws every person to himself to experience in him unimaginable love, unconditional mercy, and peace which flows from the heart. When we bask in that light long enough, we become like him. He says to his disciples, 'You are the light of the world' (*Matthew 5.14*). We become like the 'light' and Jesus sends us out to be the light for others, drawing them closer to Christ through our own witness of life.

We have come to understand that our new Family of Parishes' Vision and Core Values serve as a Lighthouse of Jesus. He is using us as his humble servants and this simple invitation: to call everyone to Christ. Each person is able to experience his life not only in our present life, but also in eternal life.

Saint Patrick Parish, Lucan and Holy Family Parish, London (Lucan Northwest London Catholic Family of Parishes) is obediently responding to Jesus' great commission 'to go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching [all] to obey everything that [He] has commanded' (*Matthew 28.19-20*).

Come and allow yourselves to be drawn by Jesus, the Light. Find in him what you can find nowhere else and in no one else. Come and see for yourselves!

What is *The Beacon*?

Jesus invites us to be **Beacons of Hope**. We do this by sharing our stories of how we are being transformed by encountering Jesus and the Holy Spirit. *The Beacon* is how we are sharing the stories of transformation from members of our community.

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We are building a team of talented and passionate people who have a desire to help prepare our publications, including *The Beacon*.

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Lucan Northwest London Catholic Family of Parishes

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What is THE LIGHTHOUSE?

Our Vision

Saint Patrick and Holy Family will become an invitational community of disciple-making disciples who have Jesus at the center of everything we believe, say, and do.

Our Core Values

Jesus calls us to be...



Warm-Hearted

We recognize every person as an image-bearer of God. By joining people in their suffering and walking with one another, we are mutually transformed by Christ's love.



Spirit-Reliant

We are dependent on the Holy Spirit's prompting and direction – that we might respond more fully to Jesus' mission to make disciples of all nations.



Scripture-Soaked

By taking time everyday with the Word of God we soak in His Word and are better able to imitate the life of Jesus. We do this because we want to know Jesus and what He wants for our life.



Repentant

We believe in right relationship with God, others, and the environment. This implies that we must own-up to our wrongdoings, ask for forgiveness from God and those who we've hurt, and do what we can to restore true peace.



Beacons of Hope

We want to be a lighthouse on a dark sea and lead souls to the safety of Jesus, the Light. We do this by sharing our stories of how Christ is transforming us.

OUR FAMILY OF PARISHES PRAYER

Heavenly Father, we praise and thank you for bringing us together as a Family of Parishes, called to be the light for the world.

We thank you for giving us a vision to become an invitational community of disciple-making disciples who have Jesus at the center of everything we believe, say, and do.

May we rely on the **Holy Spirit** to inspire us to love the **Scriptures**, to share our **faith stories**, to foster **right relationships**, and to be **warm-hearted**.

We entrust our Family of Parishes to the care of Our Blessed Mother and Saint Joseph –the Holy Family– and Saint Patrick, as we work together to bear witness to our core values and to become the people you desire us to become.

We ask this in the name of Jesus, your Son, who lives and reigns with you, in the unity of the Holy Spirit, God forever and ever.

Amen.



wearelighthouse.ca/the-lighthouse

What is Lighthouse Living?

Lighthouse Living is choosing, by personal decision, to place Jesus at the center of your life through **The Lighthouse** - accepting the Core Values of *The Lighthouse* to become a disciple-making disciple.

INTERPRETIVE KEY TO OUR FAMILY OF PARISHES LOGO

The cosmic Christ shines throughout the universe to every land and to every person.

Symbols of Jesus as the Alpha and Omega, the Beginning and End of all, sit on top of the Lighthouse.

The gold band reminds us of our 'Communion in Christ' embracing Saint Patrick & Holy Family Parishes. It also speaks to us of the gift of the Eucharist.

The stripes on the Lighthouse refer to the formation path of disciples – up toward Christ. The path equips the saints for ministry.

Turbulent seas surround the base of the Lighthouse, never to be overcome by them.

The base of the Lighthouse is open. Everyone is invited to enter on the path of encounter and formation as disciples.

Jesus is the light of the world, reaching out first to those who have not yet encountered Jesus Christ; second, to those whose Christian faith has grown cold or who are lost; and finally, to those who struggle to live faith wholeheartedly.

Jesus is our Light, our Lighthouse.

wearelighthouse.ca

FROM THE PASTOR

“Then an angel of the Lord said to Philip,
 ‘Get up and go’
 ...Philip got up and went...
 Philip began to speak...Philip baptized him...Philip
 proclaimed the good news... the Spirit of the Lord
 snatched Philip away.”

(cf. Acts 8:26-40)

There is no doubt that each of us is already filled with the Holy Spirit by virtue of our Baptism and Confirmation and the many other ways that God opens to us in our daily lives.

The Holy Spirit is sent and given to us as life to the dead, as wisdom to the foolish, as medicine to the sick, as freedom to captives, and as refreshment to the hungry.

Saint Cyril of Alexandria explains to us that:

It can easily be shown from examples both in the Old Testament and the New that the Spirit changes those in whom he comes to dwell; he so transforms them that they begin to live a completely new kind of life. Saul was told by the prophet Samuel: ‘The Spirit of the Lord will take possession of you, and you shall be changed into another man.’ Saint Paul writes: ‘As we behold the glory of the Lord with unveiled faces, that glory, which comes from the Lord who is the Spirit, transforms us all into his own likeness, from one degree of glory to another.’

Does this not show that the Spirit changes those in whom he comes to dwell and alters the whole pattern of their lives? With the Spirit within them it is quite natural for people who had been absorbed by the things of this world to become entirely other-worldly in outlook, and for cowards to become men of great courage. There can be no doubt that this is what happened to the disciples. The strength they received from the Spirit enabled them to hold firmly to the love of Christ, facing the violence of their persecutors unafraid. Very true, then, was our Savior’s saying that it was to their advantage for him to return to heaven: his return was the time appointed for the descent of the Holy Spirit.

CONTINUED 

Our Lord has described the purpose of the Spirit's presence in us. Let us listen to his words: "I have yet many things to say to you, but you cannot bear them now. It is to your advantage that I go away; if I go, I will send you the Advocate." And: "I will ask the Father and he will give you another Counselor to be with you forever, the Spirit of truth. He will guide you into all the truth; for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come. He will glorify me, for he will take what is mine."

From among many of our Lord's sayings, these have been chosen to guide our understanding, for they reveal to us the intention of our loving Saviour, the nature of the gift and the condition for its reception. Since our minds cannot comprehend the Father or the Son, we have been given the Holy Spirit as our intermediary and advocate, to shed light on the incarnation of God. This unique gift which is in Christ is offered in its fullness to everyone. It is everywhere available, but it is given to each of us according to our readiness to receive it.



Our readiness can be measured by our willingness to listen, our ambition to live in and with faith, our openness to be aware, our zeal to go, and our desire to be inspired!

Go back to the Scripture passage I began this article with – are these not the qualities that Philip has? 🙏



Fr. Thom Blondin

FR. THOM BLONDIN, PASTOR
Saint Patrick, Lucan and Holy Family, London Parishes
Lucan Northwest London Catholic Family of Parishes

How God answered my prayer when I asked to be filled with the Holy Spirit

BY MATTHEW ACKWORTH

I've experienced the Holy Spirit as a comforter that has filled my heart throughout the last two years of my faith journey. My journey started two years ago when I joined Alpha Youth. Prior to Alpha Youth, I considered myself Christian and had heard about the Holy Spirit in my religion class at CCH (Catholic Central High School), but I never felt much of a connection to it.

During the Alpha Youth Day (Holy Spirit Saturday) for Alpha Youth, I learned about it in a way that made it seem far more relevant to me. I clearly remember asking God to fill me with the Holy Spirit. I experienced being filled with the Holy Spirit when I was in the church. My legs felt weak when I went up to be prayed-with by Nicholas and Aidan. That prayer was, at the time, the closest I had ever felt to God during prayer. Moreover, I remember a distinct feeling of joy throughout the rest of the day. This joy is unlike anything else I have ever experienced and I have always interpreted it as one of the fruits of the Spirit that God wants to provide me with. It has also strengthened my conviction that God is real and always with us.

The most powerful encounter I have had with the Spirit was during my Baptism. I was baptized on September 16, 2025. Prior to my baptism, I remember being nervous. I wondered if I was ready. When I was baptized by Fr. Thom, these feelings quickly turned into a sense of comfort and joy. While the water was being poured on my head, I remember looking at the crucifix but it felt like I was standing right next to it at eye level with Jesus.

Afterwards, I remember experiencing an immense sense of joy much like I did during Holy Spirit Saturday. This feeling is why I associate the Holy Spirit with being a comforter. These encounters with the Holy Spirit are far more frequent now. Though I experience it most prominently during Eucharist when the Spirit helps me focus all my attention on God and prayer, I also experience it in much smaller ways in my life. 🙏





A Journey of Faith and Community

BY RUBEN MEJIA AND ANDREA SANABRIA

When our family began searching for a way to deepen our faith and contribute more meaningfully to our community, we encountered a true “fisher of people” at Holy Family. It was someone called to welcome others and share the peace that comes from the presence of the Holy Spirit in our lives. Through the guidance of this disciple of Jesus, we discovered a place to call home, a community we now call family. His presence in our lives became a genuine encounter with the Holy Spirit, marking the beginning of a journey in which we felt called to serve others.

This journey has deepened our faith through genuine friendship, the sharing of God’s Word, and active participation in the many ministries offered by our Family of Parishes. Each experience has helped us grow as disciples of Jesus and become more like Him in our daily lives.

Along the way, we have discovered new and meaningful ways to live out our faith, what we now call faith in action, from Coffee Sundays to Alpha.

As we continued this journey, our life group became an essential part of the path, renewing our love for Christ and strengthening our sense of community as we strive to live out the values of the Lighthouse in our everyday lives.

As parents, we have also witnessed a beautiful transformation in our son’s faith. He has been deeply touched by the Holy Spirit, and the friendships he has formed —whom we affectionately call his “holy friends”— have become a guiding compass in his life. They challenge and inspire one another to grow, to remain rooted in faith, to serve with joy, and to live with purpose.

For our family, this journey has not only strengthened our relationship with God but also deepened our love for one another and for our community. It reminds us that when we say “yes” to God, He works in ways far beyond what we can imagine, continuing to shape us, guide us, and walk with us each day as we grow together in faith. 🕯️

The Holy Spirit walked beside me as I served you at Holy Family Parish

BY KELLY WILSON

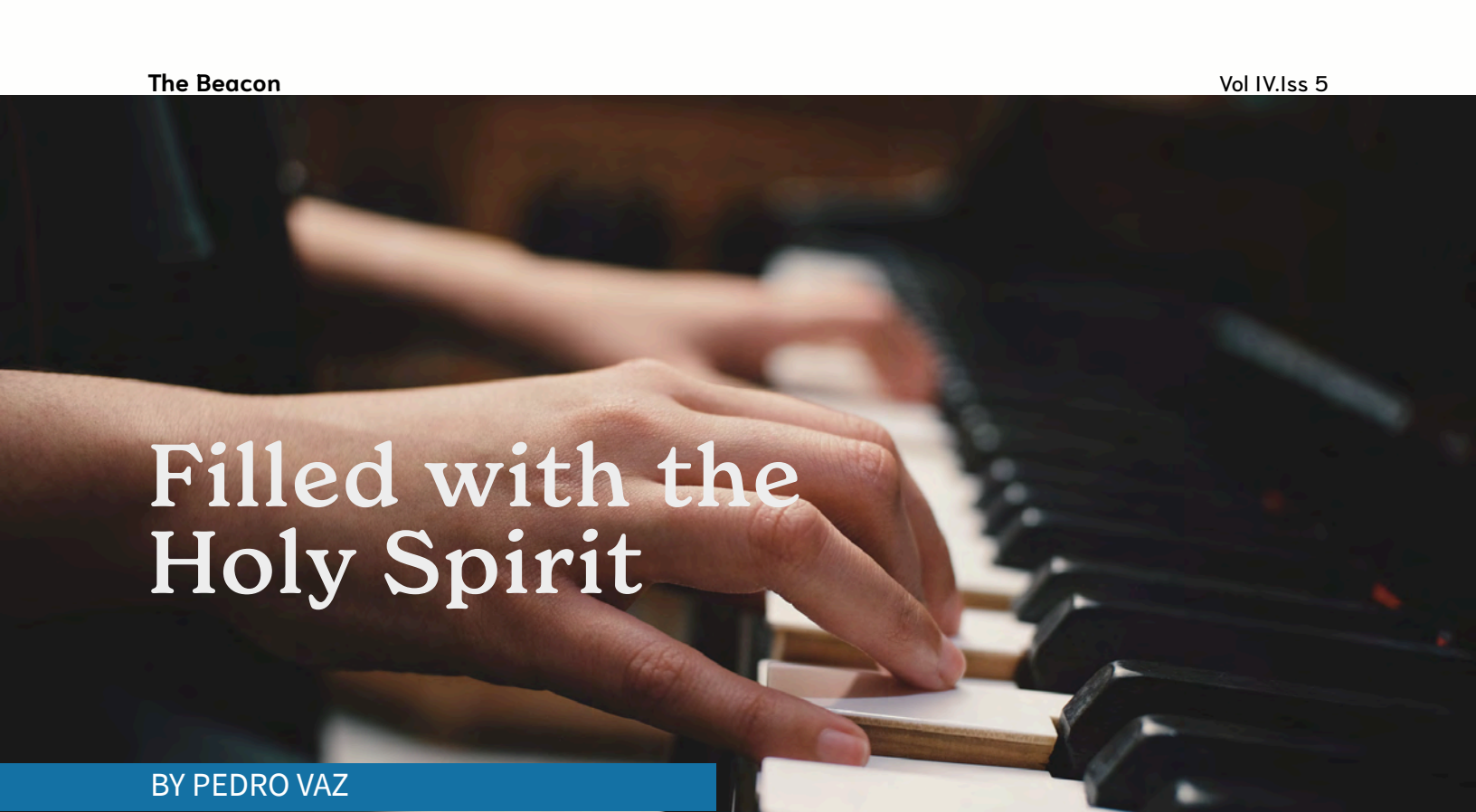
This prayer was on my parent's Confirmation card to me when I was confirmed on February 24, 1975, by Bishop John M. Sherlock at Holy Angels Parish in my hometown of St. Thomas. This was Bishop Sherlock's first Confirmation class as our new bishop and even more valuable to me, as it was my first recollection of encountering the Holy Spirit in my life; a truly life-changing one in fact. This gift of faith passed down to me from my parents grounded me for many opportunities volunteering in the church for years to come. It became the root of who I was and who I still am to this day.

Fast forward to January 3, 2010, when Holy Family Parish hired me to be the new office administrative assistant. I had worked seven years at two other London parishes but it was once again the Holy Spirit who gave me the gift of courage, supported by my family and former colleagues, to pursue my hopes and dreams in a new horizon by just praying "Come Holy Spirit."

Ever since my first Easter Vigil celebration here in 2021, I knew that the Holy Spirit had further awakened in my heart a desire to serve you the people of this parish and be the face and heart of Christ. As well, the parish mission words at that time "Come as you are and you will be loved" also inspired me. These words were a **Beacon of Hope** for me as you welcomed me for who I was and who I was to become. As well, the words of Jeremiah 29.11 — **"For surely I know the plans I have for you says the Lord"** — assured me that God put me here for a reason, to be that Beacon of Hope for you. When I called on the Holy Spirit, he would give me the right words when praying with a grieving parishioner, knowing when to just listen to a lonely parishioner's story, or recognizing that a smile or hug could speak volumes.

"Holy Spirit, Truth Divine,
dawn upon this soul of mine.
Breath of God & inward light,
wake my spirit, clear my sight.
Free me from the bonds of sin,
so that your love might enter in.
And I in following may be your
child through all eternity."

Sixteen years later, my greatest gift was being able to walk from my office across the narthex into the church where I could very quickly call upon the Holy Spirit and listen to the ever-changing tides of his call. Now as this next chapter of my life unfolds, I can proudly say that is "my home away from home" and I am assured that the Holy Spirit always walks beside me. **"O Lord, you have searched me and known me. You know when I sit down and when I rise up."** (Psalm 139.1) In the words of my favourite psalm, God truly knew where my heart lied and that by the grace of his Holy Spirit, I have been truly blessed to have had the opportunity to serve you all. God bless you and thank you for all your love! 🕊



Filled with the Holy Spirit

BY PEDRO VAZ

Over the past five years of serving in worship music ministry at our church, I have come to understand that being filled with the Holy Spirit and letting Him use me is not always about dramatic moments, but often about quiet transformation, guidance, and peace.

When I first began playing at Holy Family Parish, I saw the band mainly as an opportunity to play with others and serve during Mass. I wanted to improve musically, contribute, and do my best. Yet over time, the Holy Spirit began showing me that worship is much deeper than simply playing music. It is about creating a space for people to praise God and be in His presence. One moment that really showed me what it means to be filled with the Holy Spirit was the first time I listened back to our studio recording as a band.

Before the recording, we spent weeks practicing. Those rehearsals felt serious and intense at times because everyone cared deeply and wanted to do his or her best. There was pressure, focus, and a strong desire to get everything right.

Yet when the actual recording day came, the atmosphere felt completely different. It felt light. Everyone was happy to be there, relaxed, and united. I remember not being nervous nor anxious, but instead truly at peace with the group and excited to see what would come from it. Most of the songs were recorded in one take, and everything seemed to flow naturally. It was like everyone was connected.

...everything seemed to flow naturally. It was like everyone was connected.

The moment that affected me most was hearing the finished recording for the first time. As I listened, I felt something deeper than just pride in the music. I could truly sense the Holy Spirit working through everyone in that room. It was the first time I clearly saw God using me, and using all of us together, to create something that could help bring people closer to Him.

That moment changed how I see myself as a worship musician and how I serve. It opened my eyes to the fact that if I offer my gifts with a *warm heart* and *rely on the Holy Spirit* instead of only on my own ability, God can use me as a tool for His purpose. I understood that serving Him and giving myself to Him does not always require something big or extraordinary. Sometimes it is through simple acts, like playing a song, that He reaches people and fills them with His presence.

God can use me as a tool for His purpose

I now know how important it is to be surrounded by a community that lives our Core Values. When people are **Scripture-Soaked**, **Spirit-Reliant**, **Warm-Hearted**, **Repentant**, and striving to be **Beacons of Hope**, they create space for the Holy Spirit to move powerfully. If we continue living these values together, our church can become an even stronger Spirit-filled community that brings others closer to Christ. 🕊️

(Pedro serves with the Praise and Worship Band at the 2pm Mass at Holy Family Parish)

Our Lord Will Always Defend and Protect Us When We Invoke the Holy Spirit

BY ALAN FONSECA

I bear witness to the glory of God in his blessings in numerous ways. I wish every single soul experience God's loving care, by following the teachings of our Lord Jesus Christ. He clearly said he is the Way, the Truth, and the Life. No one can go to the Father, except through Jesus.

Unless we choose to follow Christ's teachings and ways, we are unworthily living our lives. We are living our way and not by the will of the Father. There is no greater thing than love, for where there is love, there is understanding, compassion, mercy, forgiveness, kindness and walking that extra mile for a friend. We need to love. We do agree that God made us in his image and likeness. How about we live by his will and his likeness, too?



Here are my faith stories: I had a cough and cold and was asked to undergo an ultrasound for a small swelling in my throat. The results showed a couple of large nodules on the left and right side. A meeting was set up with the endocrinologist, and my family was worried and stressed out.

But it was simply time for prayer and trusting in the Lord, telling him that I knew it would be fine, simply because Jesus is my Lord and Saviour, and I place my life, body and soul in his complete care.

My wife taught me this wonderful prayer: "Invoking Jesus to cover every cell of my body with his most Precious Blood." That is such a wonderful prayer!

The physical examination showed no signs of swellings or nodules, so a second ultrasound was called upon! And bingo! My Lord hit me a home run! Zero findings! **I am blessed; I am healed!**

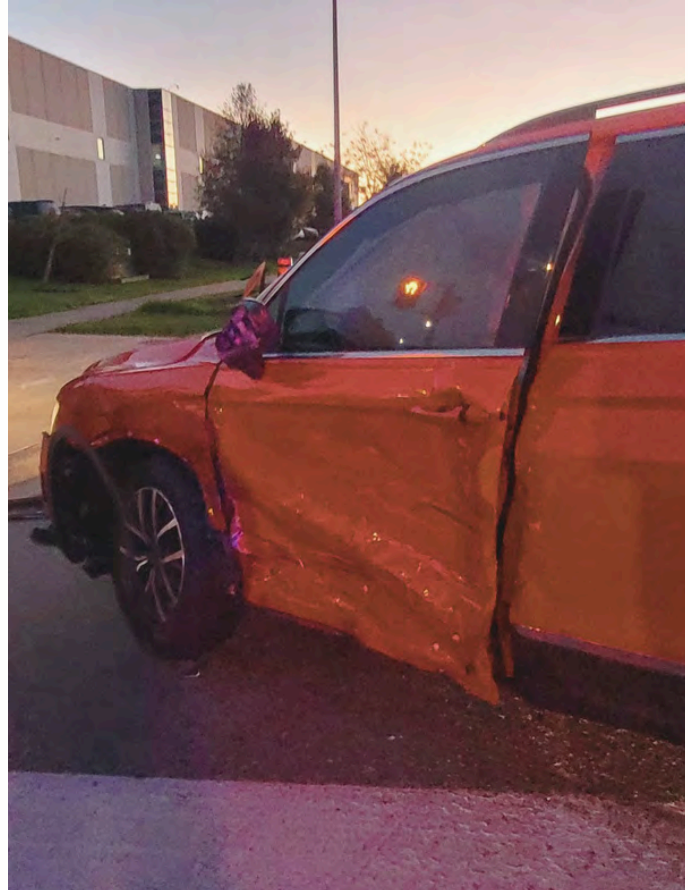
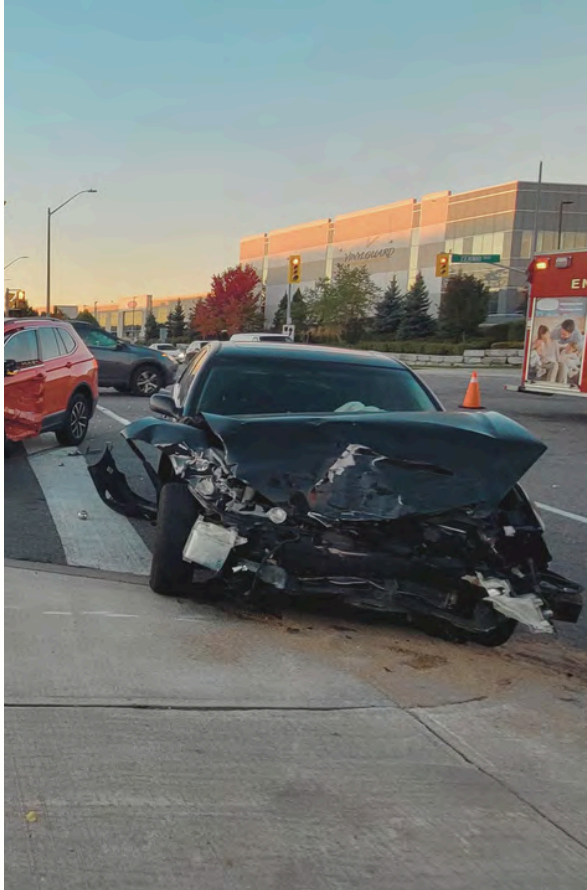
With all the difficulties and challenges that life throws us, we need to strive to keep our slates clean and walk the path that pleases our God. It is hard, but we need to try living an exemplary life, that when people see us, they should say, "There goes a Christian." And come what may our Lord will always defend and protect us. And is only possible when we invoke the help of the Holy Spirit, to give us the strength to walk the talk.

My second faith story: While driving my wife to work recently, our car was T-boned in an intersection by a car that ran a red light at about 120 km/h in a 50 km/h zone. The other car was a mangled mess and ours looked rock solid with just the driver's door and wheel badly damaged. The door on the driver's side would not open so my wife and I crawled out the passenger side, unscratched, and totally safe. Airbags had deployed and we were both safe.

Later as our car was to be towed away, and we pulled out our belongings, I realized I had put my Bible in the driver's side door of the car that took the impact. The word of my Lord, My Rock, my Strength, always watching upon his flock.

**All glory, praise and
honour be to you our
Lord and King! Thank
you, Jesus, love you Jesus!**

Amen.



Being Led by the Spirit into New Waters

BY FR. MATTHEW SAWYER

By now we are all aware I will be leaving our Family of Parishes at the end of June for a new position as parochial vicar (associate pastor) of Saint Peter Cathedral Basilica and Saint Michael Parish (London North Central Catholic Family of Parishes). Admittedly, there are a lot of mixed feelings going through me.

Going into the priesthood I was well aware that moving will be just a natural part of my life, but Lucan Northwest London Catholic was my first placement, and I have so many wonderful memories and connections here that I can't help but grieve a little. As my time continues to wind down, I can't help but get more reflective about my time here.

During my first few weeks, it was like an information overload as I learned names, ministries, and Mass schedules; it was all quite overwhelming. I really had to learn to be **Spirit-Reliant** early on. It was obvious to me that I couldn't find my way alone, that I needed to lean on God from the beginning.

Even before I came to the Family of Parishes, I began to pray; asking the Holy Spirit to help bring people around me that would help me grow into the priest God was calling me to be.

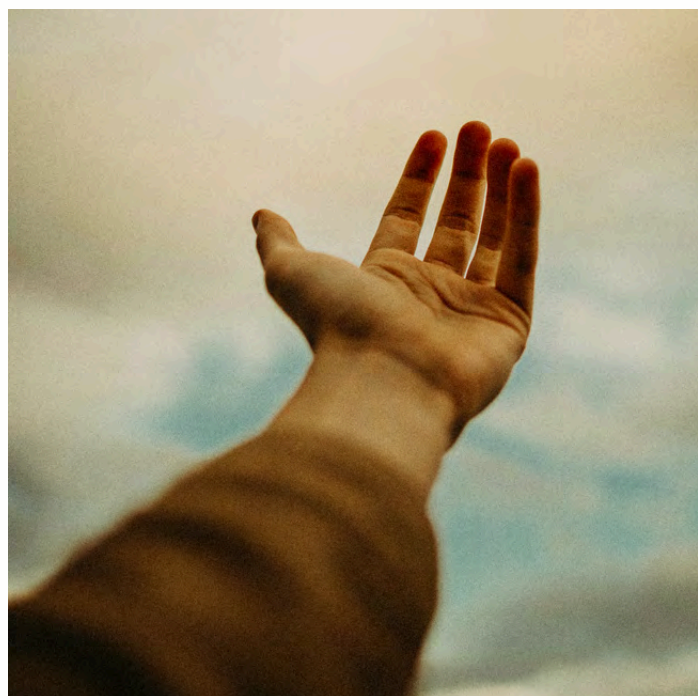
He answered that prayer right away when he gave me Fr. Thom and Fr. Steve. I did not know Fr. Thom before we met a few weeks before I started here. We could have really disliked each other from the start, it could have been hard to work together, but luckily for us, we clicked instantly. What started off in uncertainty became one of my closest relationships today.

To help with the uncertainty, the Lord blessed me with Fr. Steve, whom I knew from my seminary days. Having a priest I have known for so long really gave me a great deal of comfort and I owe both these priests more than I can say as they taught me how to be an effective and caring priest and a good pastor.

The Holy Spirit didn't just surround me with wonderful co-workers and parishioners though, the Spirit also blessed me with many gifts. I have felt that many times events, retreats, workshops, and even homilies turned out much better than I could have hoped because the Spirit was always there letting our words hit home in a way that they wouldn't have otherwise.

One such gift was fortitude (or courage). I am so grateful the Spirit gave me the courage to be myself and share ministry ideas in public, rather than hiding them away for later. I am also grateful that Fr. Thom and the team were open to the Spirit and receptive to my ideas, offering their support to help bring these ideas to life. I'm preparing to leave with the same hope that the Spirit will continue to guide me to wherever the priesthood leads me next.

Come Holy Spirit! 



The Holy Spirit speaks in the everydayness of our lives

BY DAUN WRIGHT

Prior to being received into the Catholic Church, I was a Protestant. I was baptized 26 years ago. I pursued God. I received tongues, in prayer at my bedside. The Holy Spirit instructed me to study the Holy Eucharist.

I was impacted by a book written by a Protestant pastor who converted to the Catholic faith. He gave details of how he came to believe the bread and the wine was not a symbol, but the Blood and Body of Jesus Christ after consecration. The Holy Spirit visited me that night. When I came to, the knowledge of the Holy Eucharist rested with me.

Subsequent to that experience, The Holy Spirit instructed me to study purgatory. It took two years. I listened to messages and I read, but real answers came when I was asked to do a talk and address: "What happened at Calvary, and what did Jesus do when he went to hell?" My research confirmed that purgatory is real.

The Catholic Church is the only faith that teaches both these principles.

I joined a Catholic prayer group, based in Jamaica, that meets on Tuesdays via Zoom. I attend Mass when I visit. One morning during Mass, a voice said, "Why does this feel like home?" We prayed before the Blessed Sacrament. After prayer, one of the ladies said, "Daun, the Lord is calling you to the faith. He wants you to teach and evangelize." I was stunned! Only the Holy Spirit and I knew what was said. This was confirmation!

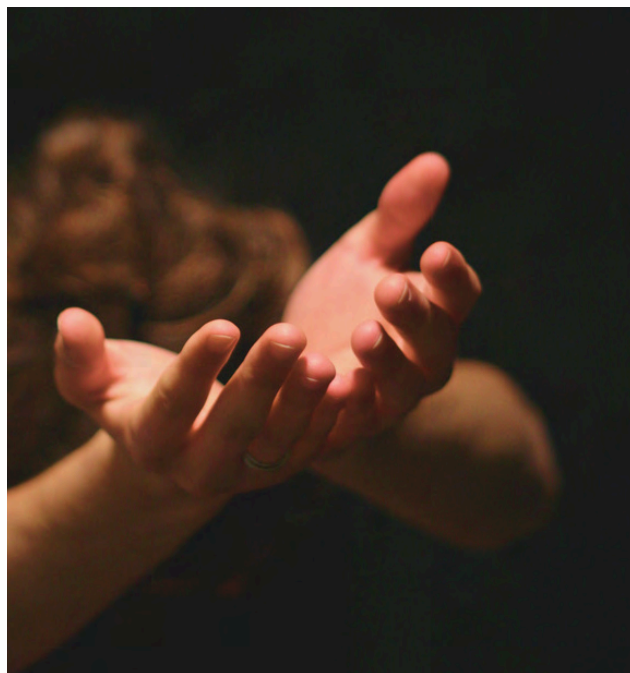
"Daun, the Lord is calling you to the faith. He wants you to teach and evangelize."

I knew what I needed to do. Since moving to London seven years ago, I had not set foot in a church. I made a call to Holy Family Parish, left a message and Lisa Wright, the Sacramental Preparation Coordinator, contacted me. I was Confirmed at this year's Easter Vigil. It was an extraordinary experience of being welcomed home.

The deeper our relationship with the Triune God, the more we feel His presence and hear His voice. A soft voice or a gentle nudge, **the Holy Spirit speaks to us in the everydayness of our lives.**

"Be still and know that I am God."

Psalm 46:10



The Holy Spirit is our guide as we try to answer God's call

BY LORETTA WILSON

Fifty-one years ago I surrendered my life to God and accepted His invitation to live a life in relationship with Jesus and the Holy Spirit. I've been blessed to have my husband share this journey with me and support me.

Over the years I have experienced the freedom that comes from surrendering each day to God and giving Him permission to lead me, teach me and care for me. Obedience is not always easy, but I know it's the right choice.

I remember the time I was asked to go to court as a witness by a previous employer. I did not want to do it! I asked Jesus to rescue me from this situation. I begged of Him to take away this cross. I received no answer! I then decided to pray the Rosary and reflected on the Sorrowful Mysteries. At the first mystery, I placed myself in the Garden of Gethsemane and watched Jesus face His agony in the garden. I then heard the Lord's answer: "You need to embrace this cross." With His grace I surrendered and said, "Lord, not my will, but yours be done." I felt an amazing peace come over me as I agreed to go to court. The experience was surprisingly easy as He gave me the words to say and my testimony that day brought justice to the parties concerned. It's true the Holy Spirit is our Advocate! When God calls us to do something, He enables and equips us!

"Lord, not my will, but yours be done."

Do not let distractions and temptations pull out any of the pages of your life. It will be difficult for you to hold on to it, when a page is detached. I sat up in bed and wrote them down because they were not my words. God had just given me a teaching.

God has blessed me with His gifts, not for myself, but to share with others. He has taken care of my needs, and in gratitude I serve Him.

God has blessed me with His gifts, not for myself, but to share with others. He has taken care of my needs, and in gratitude I serve Him. I do not volunteer my time but give back in return, because God cannot be outdone in generosity. He has planted in me the seeds of faith and I nourish it by reading His Word, repent when I go astray, spend time in prayer and listen to the Holy Spirit's guidance. Then, I share His love with others, and I assure them of God's promises and encourage them to hope in Him. I know that I can live out the values of the Lighthouse because the Holy Spirit helps me. I am **Lighthouse Living**.

About 10 years ago, the Holy Spirit prompted Holy Family Parish to begin a journey of moving "from maintenance to mission" (through the guidance of Divine Renovation) and he supplied the labourers. After much prayer and seeking God's will and guidance, our parish vision came into being. We are grateful that Fr. Thom, Fr. Steve, and Fr. Matt are helping us stay on the path as we move forward.

Come, Holy Spirit, transform us, rejuvenate us, guide us and strengthen us in our weaknesses as we endeavour to answer God's call. 🕯️

“I felt something powerful happening!”

BY FR. STEVE WLUSEK

During this Easter Season in our Family of Parishes, I have witnessed the presence and power of the Holy Spirit operating tangibly through the Sacraments of the Church.

After the Easter Vigil at Holy Family, I had an interesting conversation with one of our Neophytes (New Catholics). When I asked her about her experience of receiving the Sacraments of Initiation during the Mass, she said, “I felt something powerful happening to me when I came up from the water of Baptism. I can’t really explain it, but I felt like I was wrapped in the wonderful love of God.” How beautiful and real an experience this was for this woman!

At Saint Patrick Parish, on the first weekend of May, I had the privilege of distributing First Holy Communion to a dozen children. One of these was Josephine. She comes to Church every Sunday with her family, and was so excited to receive Jesus in Holy Eucharist for the first time. The following Thursday, Saint Patrick Catholic Elementary School came to the Church for the Education Week Mass. As Josephine entered the Church with her classmates, she said to me,

“I’m so excited to receive Jesus in Communion two times in one week!”

I could see the Spirit moving her with such enthusiasm and joy!

The following Saturday afternoon, we celebrated the Sacrament of Confirmation with 20 young people, their Sponsors and families. When speaking with one boy, Joseph, after Mass, I asked him, “Do you feel any different after being Confirmed?” I was uplifted with his response:

“I felt I was given new power to stand up for my faith, especially as I’m going into High School next year!”

It warmed my heart to hear this!

Finally, this week, we have celebrated the Sacrament of the Sick during the weekday Masses in the Parishes of our Family. I was moved to experience, as I layed my hands in silence upon the heads of those seeking to be anointed, very tangibly the power of the Holy Spirit coming upon them. I was doing a very simple gesture of laying hands upon these individuals, and there was something “extraordinary” happening: the power of God coming to “save and raise up” these infirmed ones.

To me, these events —during these past few weeks— reveal the power of the Holy Spirit very active today in our Family. Our Family of Parishes is truly a Spirit-led community, which has shown the warmth of heart that draws us together seeking God’s powerful gifts and supporting one another’s faith journeys in Jesus the Lord. 🕯️

Deacon George: A powerful witness to living a Spirit-Reliant life

BY MICHAEL BRANDON

About 40 years ago, I met this crazy (to me) guy who owned a tailor shop in east London and he and his friends introduced me to the Holy Spirit. They were already on a journey to grow in life in the Holy Spirit, and I went along for the ride. And what a ride it has been.

That man is my friend George Sebok, who many of you today know as Deacon George. We came to expect the unexpected, as we were guided to do certain things by the Holy Spirit, including discerning if the voice we were following was in fact the Holy Spirit.

Here is one example of the Holy Spirit at work in Deacon George's life. He was in his tailor shop one day at his sewing machine. Suddenly, it was as if a giant TV screen was projected on the far wall. He saw certain things in the life of a friend who was being manipulated by an evil spirit that was exerting influence over him. The Holy Spirit had George understand that he was to go to this particular friend and pray the evil spirits off of him. The friend was an influential man in the community, so George was initially afraid to approach him. When he was further nudged by the Holy Spirit to do so, he finally went to his friend and told him what he had seen. As it turned out, the friend had a docile spirit and received the message and the prayers that set him free.

George ministered to people who came through the door of his tailor shop for many years. Because he was faithful, trusting God to lead him, miracles happened in the lives of people he prayed with and spoke to. It was an awesome time and place. Several of us men would meet at his shop in the early weekday morning hours, to pray and praise the Lord.

Eventually George, with his wife Marie, discerned the call to the diaconate. During his formation, the Spirit cleared obstacles to his ordination, softening hearts and speaking wisdom into the situation. Some on the admissions team felt he was not financially stable enough. But a committee member reminded them that George was already serving those in need like a deacon should, and they were won over. After George became Deacon George, the graces of his ordination were like pouring gasoline onto the fire of the Holy Spirit in him and in his ministry.

Where we see the fruit of that fire of the Holy Spirit is in the **Servants of the Light Prayer Group**, and in the **Prayer Ministry After Mass**. Deacon George has been inspired to provide spiritual guidance to both ministries.

Most of our parishioners are likely to see him now at the after-Mass prayer ministry. Leading by example, he has helped our prayer warriors to learn discernment, both personally and in praying with others, and to learn to trust in the guidance of the Holy Spirit. Deacon George regularly will receive and deliver an encouraging prophetic message to someone who has come for prayer.

We often witness him being given an insight into our or someone else's lives that opens up something that has been problematic.

Deacon George has been a powerful witness of living a life that is **Spirit-Reliant**. Over the years he discovered that the deeper he goes into Scripture (getting **Scripture-Soaked**) the better able he is to hear the leading of the Holy Spirit. He is quick to remind us that we must be **Repentant** to hear the Holy Spirit. God can't be heard over the noise of our sin.

Prayer ministry to our beloved Deacon friend is about compassion for our fellow human being. His compassion comes from learning lessons the hard way over the years. This has resulted in him having a **warm heart**, and that is reflected in his prayer for others. As he would gladly tell you: "If God can use a scoundrel like me, then he can use anybody." That is the sign of a **Beacon of Hope**.

God has a plan for each of us, and life is far less chaotic when we follow His plan instead of our own. George learned this the hard way. Where many have gone from rags to riches, George managed to go from riches to rags. But there he learned humility and how to trust God with his life, and we are all the beneficiaries of that trust. 🕯️



Responding to the Spirit

BY TIM FIRTH

In the Acts of the Apostles, we see a community ignited by the Holy Spirit, moving as one heart and one mind. Today, within our own Family of Parishes, that same Spirit is visibly at work. To be "Filled with the Holy Spirit" is not a static state; it is a dynamic movement of grace that flows through our pews, our service projects, and our shared prayers.

We see this movement most clearly in the remarkable generosity you have shown. As the unique needs of our Family of Parishes have arisen, the response of our community has been nothing short of inspiring. Whether through the gift of time, professional talents, or financial support, what has been ensured is that our mission remains vibrant and our doors remain open to all. This isn't just about meeting a budget; it is a spiritual fruit of a people who are truly Spirit-Reliant.

This isn't just about meeting a budget; it is a spiritual fruit of a people who are truly Spirit-Reliant.

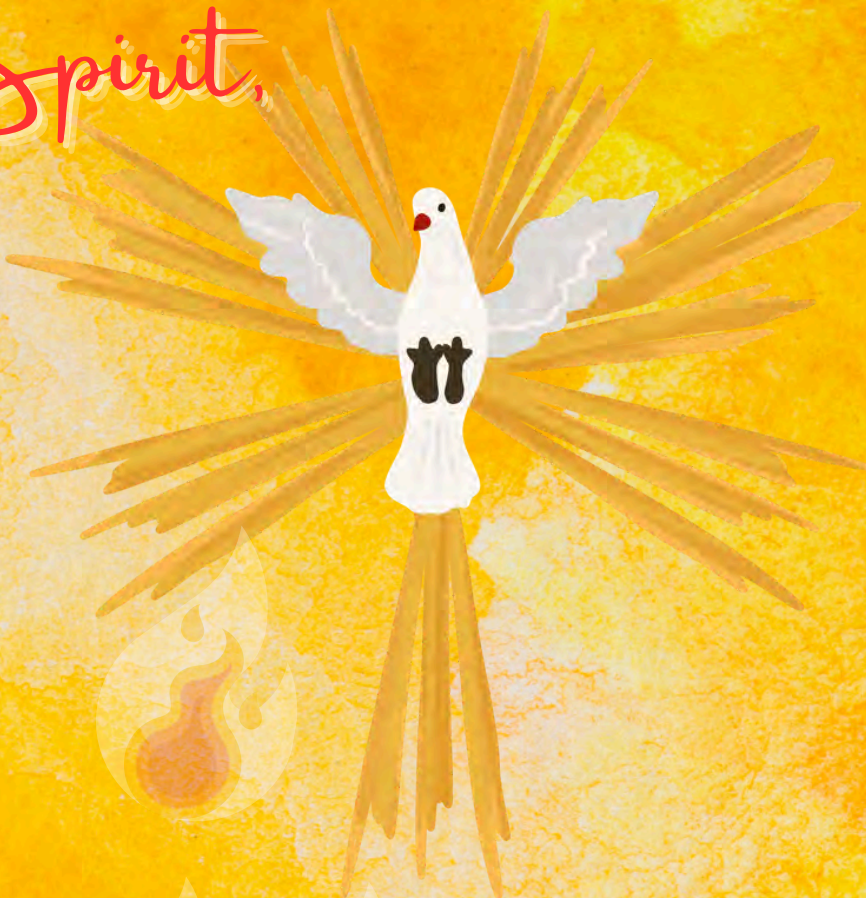
As we look toward the future, we continue to lean into this reliance. Our upcoming plans for expanded outreach, capital projects, and deeper faith formation depend entirely on our willingness to listen to the Lord. We invite everyone to pause and reflect:

how has the Holy Spirit stirred your heart in response to His generosity?

The Lord has been lavishly generous to us. When we give back to our parish community, we are not merely performing a duty; we are participating in the life of the Spirit. Thank you for being a community that breathes with the Spirit, meeting every challenge with a generous 'Yes'. 

Holy Spirit,

**Come
Rest
on Us**



Novena to the Holy Spirit



**Saint Patrick
Holy Family**
Lucan Northwest London Catholic Family of Parishes

adapted from the Novena to the Holy Spirit from
The Ministry of the Wild Goose (wildgoose.tv)



wearelighthouse.ca

NOVENA TO THE HOLY SPIRIT

The novena to the Holy Spirit is significant because it was the first Novena. Before Jesus ascended to Heaven he instructed our Lady and his Disciples to return to Jerusalem to pray and wait for the promise of the Father. As our Lady and the disciples waited and prayed so will we.

DAY 1

PRAY:

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth Your Spirit, and they shall be created,

R. And You shall renew the face of the earth.

Let us pray.

O God, Who by the light of the Holy Spirit, did instruct the hearts of Your faithful, grant that by that same Holy Spirit, we may be truly wise and ever rejoice in His consolation, through Christ our Lord. Amen.

Being Scripture–Soaked:

“I will give you a new heart, and a new spirit I will put within you. I will remove the heart of stone from your flesh and give you a heart of flesh. I will put my spirit within you so that you walk in my statutes, observe my ordinances, and keep them. You will live in the land I gave to your ancestors; you will be my people, and I will be your God” (*Ezekiel 36.26-28*)

“I will put my spirit in you that you may come to life, and I will settle you in your land. Then you shall know that I am the LORD. I have spoken; I will do it” (*Ezekiel 37.14*)

PRAYER:

Holy Spirit, what do you want of me today? Give me eyes that can see, ears that can hear and a heart that can love. Our Father . . . Hail Mary . . . Glory Be . . .

DAY 2

PRAY:

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth Your Spirit, and they shall be created,

R. And You shall renew the face of the earth.

Let us pray.

O God, Who by the light of the Holy Spirit, did instruct the hearts of Your faithful, grant that by that same Holy Spirit, we may be truly wise and ever rejoice in His consolation, through Christ our Lord. Amen.

Being Scripture–Soaked:

“It shall come to pass I will pour out my spirit upon all flesh. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions” (*Joel 3.1*)

“But a shoot shall sprout from the stump of Jesse, and from his roots a bud shall blossom. The spirit of the LORD shall rest upon him: a spirit of wisdom and of understanding, A spirit of counsel and of strength, a spirit of knowledge and of fear of the LORD, and his delight shall be the fear of the LORD” (*Isaiah 11.1-2*)

PRAYER:

Holy Spirit, what do you want of me today? Give me eyes that can see, ears that can hear and a heart that can love. Our Father . . . Hail Mary . . . Glory Be . . .

DAY 3

PRAY:

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth Your Spirit, and they shall be created,

R. And You shall renew the face of the earth.

Let us pray.

O God, Who by the light of the Holy Spirit, did instruct the hearts of Your faithful, grant that by that same Holy Spirit, we may be truly wise and ever rejoice in His consolation, through Christ our Lord. *Amen.*

Being Scripture–Soaked:

“The spirit of the Lord GOD is upon me, because the LORD has anointed me; He has sent me to bring good news to the afflicted, to bind up the brokenhearted, to proclaim liberty to the captives, release to the prisoners, To announce a year of favor from the LORD and a day of vindication by our God. To comfort all who mourn; to place on those who mourn in Zion a diadem instead of ashes, To give them oil of gladness instead of mourning, a glorious mantle instead of a faint spirit.” (*Isaiah 61.1-3*)

“This is the commitment I made to you when you came out of Egypt. My spirit remains in your midst; do not fear! For thus says the LORD of hosts: In just a little while, I will shake the heavens and the earth, the sea and the dry land. I will shake all the nations, so that the treasures of all the nations will come in. And I will fill this house with glory says the LORD of hosts” (*Haggai 2.5-7*)

PRAYER:

Holy Spirit, what do you want of me today? Give me eyes that can see, ears that can hear and a heart that can love. Our Father . . . Hail Mary . . . Glory Be . . .

DAY 4

PRAY:

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth Your Spirit, and they shall be created,

R. And You shall renew the face of the earth.

Let us pray.

O God, Who by the light of the Holy Spirit, did instruct the hearts of Your faithful, grant that by that same Holy Spirit, we may be truly wise and ever rejoice in His consolation, through Christ our Lord. *Amen.*

Being Scripture–Soaked:

“I am baptizing you with water, for repentance, but the one who is coming after me is mightier than I. I am not worthy to carry his sandals. He will baptize you with the Holy Spirit and fire” (*Matthew 3.11*).

“The love of God has been poured out into our hearts through the holy Spirit that has been given to us” (*Romans 5.5*)

PRAYER:

Holy Spirit, what do you want of me today? Give me eyes that can see, ears that can hear and a heart that can love. Our Father . . . Hail Mary . . . Glory Be . . .

DAY 5

PRAY:

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth Your Spirit, and they shall be created,

R. And You shall renew the face of the earth.

Let us pray.

O God, Who by the light of the Holy Spirit, did instruct the hearts of Your faithful, grant that by that same Holy Spirit, we may be truly wise and ever rejoice in His consolation, through Christ our Lord. *Amen.*

Being Scripture–Soaked:

“And this is what he proclaimed: “One mightier than I is coming after me. I am not worthy to stoop and loosen the thongs of his sandals. I have baptized you with water; he will baptize you with the Holy Spirit” (*Mark 1.7-8*).

“For those who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, “Abba,* Father!” The Spirit itself bears witness with our spirit that we are children of God” (*Romans 8.14-16*)

PRAYER:

Holy Spirit, what do you want of me today? Give me eyes that can see, ears that can hear and a heart that can love. Our Father . . . Hail Mary . . . Glory Be . . .

DAY 6

PRAY:

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth Your Spirit, and they shall be created,

R. And You shall renew the face of the earth.

Let us pray.

O God, Who by the light of the Holy Spirit, did instruct the hearts of Your faithful, grant that by that same Holy Spirit, we may be truly wise and ever rejoice in His consolation, through Christ our Lord. *Amen.*

Being Scripture–Soaked:

“Now the people were filled with expectation, and all were asking in their hearts whether John might be the Messiah. John answered them all, saying “I am baptizing you with water, but one mightier than I is coming. I am not worthy to loosen the thongs of his sandals. He will baptize you with the Holy Spirit and fire” (*Luke 3.15- 16*)

“But I tell you the truth, it is better for you that I go. For if I do not go, the Advocate will not come to you. But if I go, I will send him to you. And when he comes he will convict the world in regard to sin and righteousness and condemnation: sin, because they do not believe in me . . . when he comes, the Spirit of truth, he will guide you to all truth” (See *John 16.7-13*)

PRAYER:

Holy Spirit, what do you want of me today? Give me eyes that can see, ears that can hear and a heart that can love. Our Father . . . Hail Mary . . . Glory Be . . .



COME, HOLY SPIRIT

DAY 7

PRAY:

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth Your Spirit, and they shall be created,

R. And You shall renew the face of the earth.

Let us pray.

O God, Who by the light of the Holy Spirit, did instruct the hearts of Your faithful, grant that by that same Holy Spirit, we may be truly wise and ever rejoice in His consolation, through Christ our Lord. *Amen.*

Being Scripture–Soaked:

“The next day he saw Jesus coming toward him and said, “Behold, the Lamb of God, who takes away the sin of the world. He is the one of whom I said, ‘A man is coming after me who ranks ahead of me because he existed before me.’ I did not know him, but the reason why I came baptizing with water was that he might be made known to Israel.” John testified further, saying, “I saw the Spirit come down like a dove from the sky and remain upon him. I did not know him, but the one who sent me to baptize with water told me, ‘On whomever you see the Spirit come down and remain, he is the one who will baptize with the Holy Spirit’” (*John 1.29- 33*)

“Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom”
(*2 Corinthians 3.17*)

PRAYER:

Holy Spirit, what do you want of me today? Give me eyes that can see, ears that can hear and a heart that can love. Our Father . . . Hail Mary . . . Glory Be . . .



OUR FAMILY OF PARISHES PRAYER

Heavenly Father, we praise and thank you for bringing us together as a Family of Parishes, called to be a light for the world.

We thank you for giving us a vision to become an invitational community of disciple-making disciples, who have Jesus at the center of everything we believe, say, and do.

May we rely on the Holy Spirit to inspire us to love the Scriptures, to share our faith stories, to foster right relationships, and to be warm-hearted.

We entrust our Family of Parishes to the care of Our Blessed Mother and Saint Joseph —the Holy Family— and Saint Patrick, as we work together to bear witness to our core values, and to become the people you desire us to become.

We ask this in the name of Jesus, your Son, who lives and reigns with you, in the unity of the Holy Spirit, God forever and ever.

Amen.

PRAY:

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth Your Spirit, and they shall be created,

R. And You shall renew the face of the earth.

Let us pray.

O God, Who by the light of the Holy Spirit, did instruct the hearts of Your faithful, grant that by that same Holy Spirit, we may be truly wise and ever rejoice in His consolation, through Christ our Lord.
Amen.

Being Scripture–Soaked:

“While meeting with them, he enjoined them not to depart from Jerusalem, but to wait for “the promise of the Father about which you have heard me speak; for John baptized with water, but in a few days you will be baptized with the Holy Spirit” (*Acts 1.4-5*)

“I say, then: live by the Spirit and you will certainly not gratify the desire of the flesh. For the flesh has desires against the Spirit, and the Spirit against the flesh; these are opposed to each other, so that you may not do what you want. But if you are guided by the Spirit, you are not under the law. Now the works of the flesh are obvious: immorality, impurity, licentiousness, idolatry, sorcery, hatreds, rivalry, jealousy, outbursts of fury, acts of selfishness, dissensions, factions, occasions of envy,* drinking bouts, orgies, and the like. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. In contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control. Against such there is no law. Now those who belong to Christ [Jesus] have crucified their flesh with its passions and desires. If we live in the Spirit, let us also follow the Spirit” (*Galatians 5.16-25*)

PRAYER:

Holy Spirit, what do you want of me today? Give me eyes that can see, ears that can hear and a heart that can love. Our Father . . . Hail Mary . . . Glory Be . . .



RENEW THE FACE OF THE EARTH

DAY 9

PRAY:

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love.

V. Send forth Your Spirit, and they shall be created,

R. And You shall renew the face of the earth.

Let us pray.

O God, Who by the light of the Holy Spirit, did instruct the hearts of Your faithful, grant that by that same Holy Spirit, we may be truly wise and ever rejoice in His consolation, through Christ our Lord.
Amen.

Being Scripture–Soaked:

“On the evening of that first day of the week, when the doors were locked, where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them, “Peace be with you.” When he had said this, he showed them his hands and his side. The disciples rejoiced when they saw the Lord. [Jesus] said to them again, “Peace be with you. As the Father has sent me, so I send you.” And when he had said this, he breathed on them and said to them, “Receive the Holy Spirit”
(John 20.19-22)

“When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. Now there were devout Jews from every nation under heaven staying in Jerusalem. At this sound, they gathered in a large crowd, but they were confused because each one heard them speaking in his own language. They were astounded” *(Acts 2.1-7)*

PRAYER:

Holy Spirit, what do you want of me today? Give me eyes that can see, ears that can hear and a heart that can love. Our Father . . . Hail Mary . . . Glory Be . . .

ACT OF CONSECRATION

PRAY:

On the final day, pray the Act of Consecration to the Holy Spirit:

On my knees before the great multitude of heavenly witnesses I offer myself, soul and body, to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light and listen to Your voice and follow Your gracious inspirations. I cling to You and give myself to You and ask You by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring his opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, so to keep me in Your grace that I may never sin against You. Give me grace, O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere, “Speak, Lord, for Your servant is listening.”

Amen.

PLEASE SUPPORT OUR MISSION

GIVING AT
SAINT PATRICK
WAYS TO GIVE



GIVING AT
HOLY FAMILY
WAYS TO GIVE



For all the ways to support, please go to
the Giving page on our website.

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We want to support you in prayer ONLINE PRAYER MINISTRY

Join our Prayer Line to receive
weekly prayers, reflections,
music, and prayer.

To sign up or submit a prayer
request, scan the QR-code or
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Submit your prayer
requests on line or email
them to stp.hfp@dol.ca



The Prayer Line is
powered by Flocknote

wearelighthouse.ca/online-prayer-line-ministry



WELCOMING NEW PARISHIONERS

If you are new to Lucan Northwest London
Catholic Family of Parishes – Saint Patrick, Lucan
and Holy Family, London, please take a moment
and click here for more information, or call the
Family of Parishes Office at 519.472.0057 x201

Please visit our website (under Worship > Mass Intentions) to see our Mass Intentions for the Week and Weekday Mass Schedule.
Updates, including funerals, will be posted there.

Saint Patrick



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To meet the Team, please click
here or scan the QR-code



Holy Family



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Stay connected with us –
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**Saint Patrick
Holy Family**

Lucon Northwest London Catholic Family of Parishes

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